

A woman with dark, curly hair is shown from the chest up, looking upwards with her hands clasped in prayer. She is wearing a dark, patterned garment. The background is a circular, vaulted ceiling with a grid of wooden beams, illuminated by warm, golden light. The overall mood is one of devotion and hope.

Lord, Bless Me Indeed

A photograph of a church congregation during a service. Many people, primarily women, have their hands raised in prayer. The background shows a church interior with a large cross on the wall and arched windows. The lighting is warm and focused on the people.

Sister Mantra

There's nothing too hard for God.

I am a daughter of the King.

God sees me!

He has great plans for me!

I will strive to live as a Christian should.

I will inspire and encourage my sisters to do the same.

A vibrant, multi-colored parrot is shown in profile, facing right. The parrot's feathers are a mix of bright blue, orange, yellow, and red. The background is a soft-focus sky with white and yellow clouds, suggesting a bright, sunny day. The overall mood is peaceful and uplifting.

Quarter Review

1. Let Us P.R.A.Y. Teacher: Yolanda Baisey
2. The Story of Gideon: From Fear to Faith Teacher: Ravonda Conner
3. Keys to Effective Prayer Teacher: Jessica Tolbert
4. Pray Without Ceasing Teacher: Michelle Jones
5. Don't Be Surprised Teacher: Janis Roberson
6. Living a Lifestyle of Prayer Teacher: Amanda Bullock
7. If God Knows Everything, Why Pray Teacher: Yolanda Baisey

Have you ever hesitated to ask God for something big? Why?



Jabez Prayer

I Chronicles 4:10 (NIV) - Jabez CRIED OUT TO THE GOD of Israel, "Oh, that you would BLESS ME and ENLARGE MY TERRITORY! Let your HAND BE WITH ME, and KEEP ME FROM HARM so that I will be free from pain." AND GOD GRANTED HIS REQUEST.

Bless Me Indeed



Breakdown of Jabez Prayer

I. Jabez cried out to the Lord! – he prayed!

Psalms 130:1 - Out of the depths I cry to you, Lord;

II Samuel 22:7 - In my distress I called to the Lord;
I called out to my God. From his temple he heard
my voice; my cry came to his ears..



Breakdown of Jabez Prayer

2. Bless me Indeed -(Favor) - Jabez boldly asked God for blessing!

- The word **BLESS** means a favor or **gift bestowed by God.**
- The word **INDEED** means **adding five exclamation points or writing the request in capital letters and underlining it.**

Numbers 6:24-26 - ²⁴The Lord bless you and keep you; ²⁵ the Lord make his face shine on you and be gracious to you; ²⁶ the Lord turn his face toward you and give you peace.

What does “Blessed by God” mean to you?

A woman with voluminous curly hair is shown in profile, her eyes closed and hands clasped in prayer. She is wearing a light-colored, possibly white, button-down shirt. The background is softly blurred, suggesting an indoor setting with warm lighting.

Breakdown of Jabez Prayer

3. Enlarge My Territory (Influence) - This request was about increasing influence, responsibility, and opportunity.

What does territory represent today:

- ✓ Your calling or gifts;
- ✓ Your influence in your family or community;
- ✓ Your spiritual growth;
- ✓ New seasons, opportunities, or courage;

Are you willing to step into more responsibility if God enlarges your territory?

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Breakdown of Jabez Prayer

4. Your Hand Be With Me (Presence) - Jabez knew that blessing without God's presence would not be enough.

Psalm 46:1 - God is our refuge and strength, an ever-present help in trouble.

Deuteronomy 31:8 The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.

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Breakdown of Jabez Prayer

5. Keep Me From Harm (Protection) - Praying for protection from evil, pain, and negative influences

Psalms 121:7-8 - The Lord will keep you from all harm he will watch over your life; ⁸ the Lord will watch over your coming and going both now and forevermore.

Are there areas where you need God's protection or restraint?

A woman with dark, curly hair is shown in profile, facing right. She has her eyes closed and her hands clasped together in a prayerful gesture. She is wearing a light-colored, possibly white, button-down shirt. The background is softly blurred, suggesting an indoor setting with warm lighting.

Breakdown of Jabez Prayer

God Granted His Request (Response) - God answered.

Psalm 66:18-20 - If I had cherished sin in my heart, the Lord would not have listened; ¹⁹ but God has surely listened and has heard my prayer. ²⁰ Praise be to God, who has not rejected my prayer or withheld his love from me!

What are you asking the Lord for?

Key Takeaways

- Pray boldly for God's blessings and favor, not timidly, ask for what you want and be specific
- Trust God beyond your past – trust God's plan
- Invite God into every area of life
- Walk courageously into your God-given purpose

A photograph of three Black women sitting around a wooden dining table, holding hands in prayer. The woman on the left has long black braids and is wearing a light-colored sweater. The woman in the middle has short blonde hair and is wearing a white top. The woman on the right has short blonde hair and is wearing a dark top. The table is set with plates of food, including what appears to be fried chicken and rice. In the background, there is a bar area with bottles, a potted plant, and a window with blinds. The overall atmosphere is warm and intimate.

Challenge of the Week:

Write your prayer somewhere visible and revisit it every day.

Thank You