

Living a Lifestyle of Prayer



FIFTH WARD

CHURCH OF CHRIST

MARCH 8, 2026



Sister Mantra

There's nothing too hard for God.

I am the daughter of the King.

God sees me!

He has great plans for me!

I will strive to live as a Christian should.

I will inspire and encourage my sisters to do the same.



Living a Lifestyle of Prayer



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Flow of Our Time

The Door

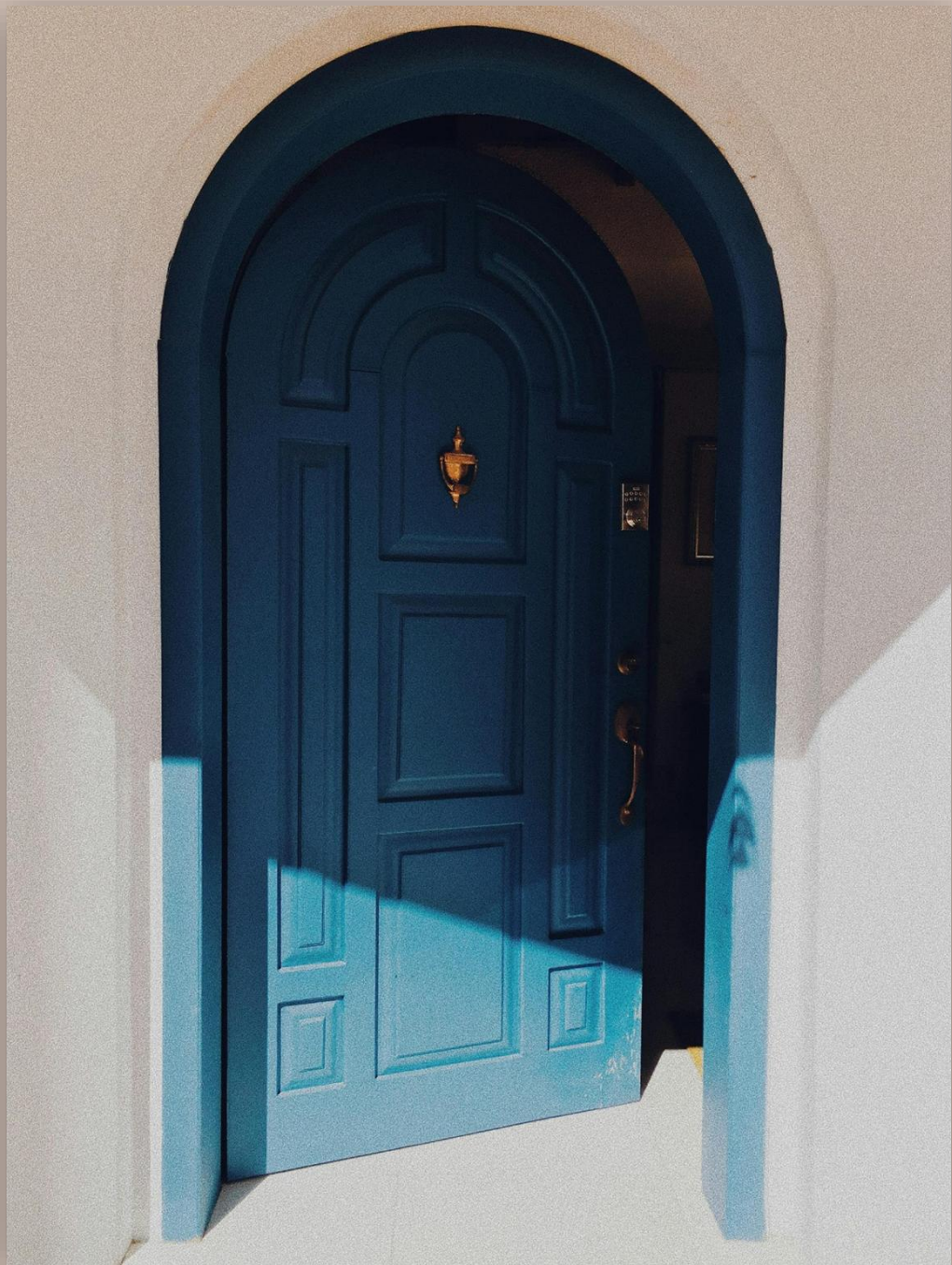
What Happens Inside

Biblical Examples

Everyday Conversation

God's Invitation







**What is prayer and
why is it so important?**

John 17:3



How does prayer change us?

Prayer Changes Us

- Reorders our perspective (*Psalms 121:1-2*)
- Softens our heart (*Ezekiel 36:26*)
- Aligns our will (*Luke 22:42*)
- Steadies our emotions (*Philippians 4:6-7*)
- Increases awareness of God's presence (*James 4:8*)

Prayer & Scripture

- God speaks through His Word
- We respond through prayer
- Word informs
- Prayer connects
- Both sustain relationship

Daniel

Faithful, Disciplined Prayer

David

Emotionally honest prayer

Hannah

Persistent, soul-deep prayer

Moses

Bold intimacy and leadership

Nehemiah

Prayer woven into action

Anna the Prophetess

Constant prayer and fasting

Paul

Unceasing prayer



Jesus' Lifestyle of Prayer

	Scripture	Occasion	Setting	Theme(s)
Foundations of Jesus' Prayer Life	Luke 3:21	Baptism of Jesus	Public	Submission / Thanksgiving
	Mark 1:35	Early morning prayer	Solitary	Submission
	Luke 5:16	Habitual withdrawal for prayer	Solitary	Submission
Prayer Before Major Decisions	Luke 6:12-13	Choosing the Twelve	Mountain, all night	Decision-Making / Submission
Prayer During Ministry	Matthew 14:23	After feeding the 5,000	Mountain	Submission
	Mark 6:46	Parallel account	Mountain	Submission
	Luke 9:18	Before Peter's confession	Private	Decision-Making
	Luke 9:28-29	Transfiguration	Mountain	Thanksgiving / Submission
	Matthew 19:13	Blessing the children	Public	Praying for Others
	Matthew 11:25-26	Thanksgiving prayer	Public	Thanksgiving
	Luke 10:21	Parallel thanksgiving	Public	Thanksgiving
Jesus Teaching and Modeling Prayer	Luke 11:1	Disciples observe Jesus praying	Private	Model for Disciples
	Matthew 6:9-13	The Lord's Prayer	Teaching	Model for Disciples
	Luke 11:2-4	Lord's Prayer (shorter form)	Teaching	Model for Disciples
Praying for Others (Intercession)	Luke 22:31-32	Prayer for Peter	Private	Praying for Others
	John 17:1-26	High Priestly Prayer	Upper room	Praying for Others / Submission
Prayer Connected to Miracles	John 11:41-42	Before raising Lazarus	Public	Thanksgiving / Public Witness
Final Week Before the Cross	John 12:27-28	Jesus' troubled soul	Public	Submission / Thanksgiving
Prayer in Suffering (Gethsemane)	Matthew 26:36-44	Garden of Gethsemane	Garden	Submission / Suffering
	Mark 14:32-39	Parallel account	Garden	Submission / Suffering
	Luke 22:41-44	Parallel account	Garden	Submission / Suffering
Prayers from the Cross	Luke 23:34	Forgiveness for enemies	Cross	Praying for Others
	Matthew 27:46	Cry of abandonment	Cross	Suffering
	Mark 15:34	Parallel cry	Cross	Suffering
	Luke 23:46	Final words	Cross	Submission

Jesus' Lifestyle of Prayer

Relationship first

Withdrawal for connection

Surrender of will



Prayer wasn't Jesus' extra — prayer was His source



Imitate His Posture

- Step away to reconnect
- Pray before you move
- Surrender what you can't control
- Return grounded in peace



Pray Without Ceasing

- **Waking Thoughts**
- **Waiting Thoughts**
- **Whispering Thoughts**
- **Waning Thoughts**





The door is open. You are invited.