WHEN TRAGEDY STRIKES

Life Class (Lesson 9)

Personal Tragedies:

- Loss of loved ones: Death of family members, friends, or significant others.
- o Illness and injury: Serious illnesses, accidents, or disabilities.
- o Relationship breakdowns: End of important relationships, including friendships, romantic partnerships, or familial bonds.
- o Financial hardship: Job loss, bankruptcy, or inability to meet basic needs.
- Mental health struggles: Depression, anxiety, and other mental health conditions can be deeply distressing.
- Disappointment and unmet expectations: Failing to achieve goals, experiencing betrayal, or having dreams dashed.

Societal and Natural Tragedies:

- o Natural disasters: Earthquakes, floods, hurricanes, wildfires, and other catastrophic events.
- o Pandemics: Outbreaks of infectious diseases that cause widespread illness and death.
- Conflicts and wars: Armed conflicts, terrorism, and political instability that result in loss of life and displacement.
- Systemic injustices: Discrimination, inequality, and oppression that harm marginalized communities.
- Environmental destruction: Damage to ecosystems, pollution, and climate change that threaten the well-being of the planet.
- Accidental deaths: Traffic accidents, industrial accidents, and other unforeseen tragedies.

When Counselors are needed the most..... Isaiah 50:4 The Lord God has given Me the tongue of disciples, So that I may know how to sustain the weary one with a word. He awakens Me morning by morning, He awakens My ear to listen as a disciple.

- Galatians 6:2 Bear one another's burdens, and thereby fulfill the law of Christ.
- **Psalm 34:18** The LORD is close to the brokenhearted and saves those who are crushed in spirit.
- **Psalm 147:3** He heals the brokenhearted and binds up their wounds.
- **Psalm 145:18** The Lord is near to all who call on Him, To all who call on Him in truth.
- **Isaiah 41:10** Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
- **2 Corinthians 4:17** For our momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, 18 while we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal.
- **Psalm 27:14** Wait for the Lord; Be strong and let your heart take courage; Yes, wait for the Lord.