



- ***GROWING IN GRIEF***

-

Wednesday November 1, 2023

- ***Dennis Murphy***





I. GRIEF & GRIEVE DEFINED

- **Grief, Grieve**

- [A-1, Noun, [G3077](#), lupe]

- **signifies pain, " of body or mind**; it is used in the plural in [1 Peter 2:19](#) only, RV, "griefs" (AV, "grief"); here, however, it stands,

- by metonymy, for "things that cause sorrow, grievances;" hence Tyndale's rendering, "grief," for Wycliffe's "sorews;"

- everywhere else it is rendered "sorrow," except in [Hebrews 12:11](#), where it is translated "grievous" (lit., "of grief").

- See [HEAVINESS](#), [SORROW](#)



II. THINGS WE GRIEVE ABOUT

- *Death*

- *Sin*

- *Financial loss*

- *Relationship breakup*

- *Leaving home*

- *Loss of safety*



Physical Health

Loss of a Pet

Career Loss

Moving Away From Home

Sports Team Losing

Illness or injury



Matthew 5:4

• ***“Blessed are they that mourn: for they shall be comforted.”***

Strong's G3107 makarios – pronounced MAH CAR IOUS

1. blessed, happy

Strong's G3996 pentheo – pronounced PEN THAY O

1. to mourn

2. to mourn for, lament one

Ecclesiastes 3:4

- *“A time to weep, and a time to laugh; a time to mourn, and a time to dance;”*

Strong's H5594 sapat saw-fad

to wail, lament, mourn

III. SOME STAGES OF GRIEF



Bill Flatt's 7 STAGES OF GRIEF



Shock & Denial -



Anger & Guilt -



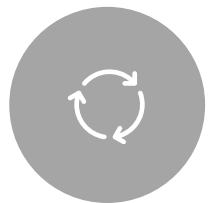
Suffering & Withdrawal -



Panic -



Depression -



Adaptation -



Growth - You reinvest in life and initiate positive things


*IV. THOSE
IN
SCRIPTURE
HANDLING
GRIEF*

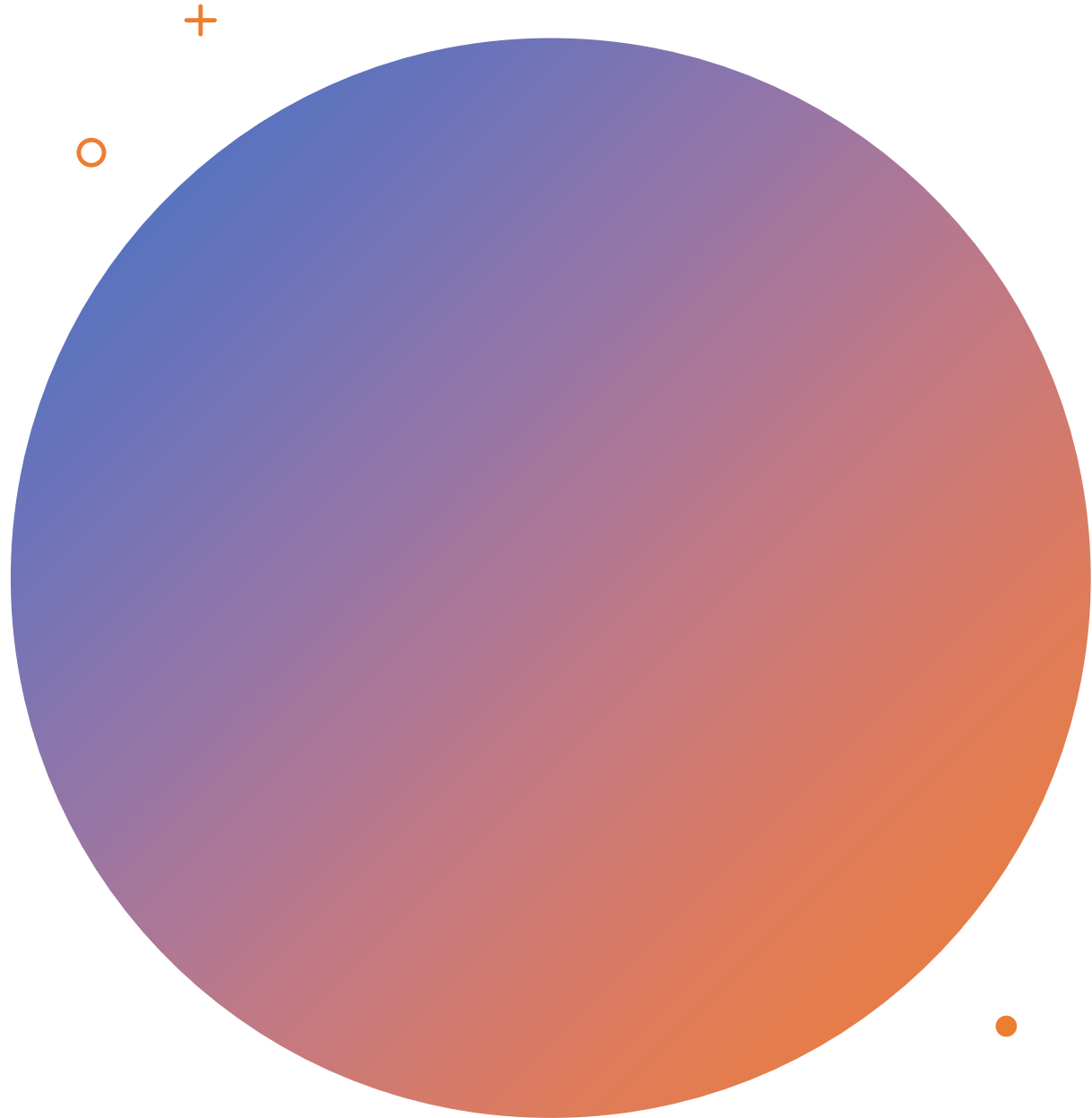
• *Genesis 4:8*

“And Cain talked with Abel his brother: and it came to pass, when they were in the field, that Cain rose up against Abel his brother, and slew him.”

Genesis 4:25

“And Adam knew his wife again; and she bare a son, and called his name Seth: For God, said she, hath appointed me another seed instead of Abel, whom Cain slew.”





Genesis 6:6

“And it repented the LORD that he had made man on the earth, and it grieved him at his heart.”



*IV. THOSE
IN
SCRIPTURE
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GRIEF*

• *Genesis 37:32-34*

• *“And they sent the coat of many colours, and they brought it to their father; and said, This have we found: know now whether it be thy son's coat or no.”*

“And he knew it, and said, It is my son's coat; an evil beast hath devoured him; Joseph is without doubt rent in pieces.”

• *“And Jacob rent his clothes, and put sackcloth upon his loins, and mourned for his son **many days.**”*



Genesis 50:3

- *“And forty days were fulfilled for him; for so are fulfilled the days of those which are embalmed: and the Egyptians mourned for him threescore and ten days.”*

Genesis 50:10

- *“And they came to the threshingfloor of Atad, which is beyond Jordan, and there they mourned with a great and very sore lamentation: and he made a mourning for his father seven days.”*

*IV. THOSE
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Deuteronomy 34:8

*“And the children of Israel wept for Moses in the plains of Moab **thirty days**: so the days of weeping and mourning for Moses were ended.”*





Numbers 20:29

“And when all the congregation saw that Aaron was dead, they mourned for Aaron thirty days, even all the house of Israel.”





II Samuel 12:20

- *“Then David arose from the earth, and washed, and anointed himself, and changed his apparel, and came into the house of the LORD, and worshipped: then he came to his own house; and when he required, they set bread before him, and he did eat.”*

II Samuel 18:33

- *“Then David arose from the earth, and washed, and anointed himself, and changed his apparel, and came into the house of the LORD, and worshipped: then he came to his own house; and when he required, they set bread before him, and he did eat.”*

Job 1:20



“Then Job arose, and rent his mantle, and shaved his head, and fell down upon the ground, and worshipped,”



Job 2:13

“So they sat down with him upon the ground seven days and seven nights, and none spake a word unto him: for they saw that his grief was very great.”

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Psalms 18:2

- *The LORD is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.*